Addressing ethical considerations regarding publishing:

1. Mandatory Ethical Approval for Interventional Studies:

Ethical approval is mandatory for all studies involving interventions on human and animal subjects. Authors must provide the name of the Ethics Committee (IRB/IEC) and approval case numbers.

2. Observational Studies:

For observational studies involving patient participation, obtaining written informed consent is mandatory. In cases involving minors, consent must be obtained from a parent or legal guardian.

3. Retrospective or Minimal Patient Engagement Studies:

For studies using existing samples or data with minimal patient engagement, a statement is required detailing:

- Whether the data was anonymized, and
- How confidentiality and data protection measures were ensured.

4. Studies Without IRB/IEC Access:

In cases where ethical approval could not be obtained due to constraints such as lack of funding or access to an IRB/IEC, authors are required to:

- Sign a declaration of adherence to the **Declaration of Helsinki**,
- Affirm that all ethical considerations were adequately addressed within the study setting.

Additionally, the editorial board reserves the right to reject manuscripts if there is any doubt that ethical considerations were not respected.